Egyptian Mummy

1. For a mummy’s head, scrunch up a piece of kitchen foil into a tight ball. Then, scrunch up a larger piece into a sausage shape for a body.

2. Scrunch up four thin sausage shapes about the length of the body for arms and legs. Then, roll a small shape for the mummy’s feet.

3. Arrange the parts of the mummy in the middle of a large piece of foil, like this. Carefully wrap the foil around them to hold them together. Press the foil around the body parts as you wrap.

4. Wrap your foil mummy in bandages, overlapping the bandages and gluing them as you go along. When you’ve finished wrapping, glue down any loose bandages. Then, leave it to dry

5. Now check if your mummy case is dry and ready to decorate.
How to make your own mummy in a sarcophagus

Start with the sarcophagus (or case):

**Mummy case**

1. Draw a base for a mummy case on thin cardboard. Cut it out and lay it on another piece of cardboard. Draw around it, cut it out leaving a thin border. Or use the templates.

2. Take 2 long strips of cardboard for the sides of the base, and 2 thinner strips for the lid. Make flaps by cutting slits along one edge of each strip.

3. Fold over all the flaps. Hold the wider strip against the base and fold the flaps over it. Tape the first few flaps onto the base, like this.
4. Bend the strip all around the base, securing the flaps with tape. Trim off any extra cardboard, tape around the corner where the ends meet.

5. Follow steps 3-4 to attach the thinner strips to the lid in the same way. Roll some tissue paper into a long shape for legs. Tape it onto the lid like this.

6. Roll some more tissue paper into a ball, then press it down to flatten it. Tape it to the lid for a head. Then tape on a small roll of tissue paper for feet.

7. Rip up pieces of gold tissue paper. Brush the white glue on part of the lid and press on the pieces of paper. Continue like this until the whole case is covered. If you prefer you can paint the inside.

Now make your mummy while you wait for the case to dry.
8. When the glue is dry use a black felt-tip pen with permanent ink to decorate your case. Draw a shape for a headdress and paint it with black stripes. If you don’t want to draw a face just leave it blank.

9. Decorate the lid using red and green paint. If you like, use the hieroglyphic alphabet to work out your name or a secret message to write on your case. Use pen to add the hieroglyphics.